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Proposed Response for a Professional Homeopathic Network supporting Health Professions during the Current Public Health Crisis.

Communication to Ontario Homeopathic Medical Association (OHMA) advising a quick Homeopathic Response Network for Epidemics.

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March 2020

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Hello and welcome to the HTSF-OHMA interprovincial and international collaboration with a Proposed Response for a Professional Homeopathic Network supporting Health Professions during the Current Public Health Crisis. My name is CM and I am the president of HTSF-Canada and teacher and co-founder of the Montreal Institute of Classical Homeopathy, MICH. I'm presenting a homeopathic strategy to the current crisis. Much of the research I present is from my colleague, Martine Jourde, founder of HTSF and member of OHMA.

Presentation

Part One

- ▀ Background on HTSF-Canada
- ▀ OHMA Step one for its members

Part Two

- ▀ Homeopathic and HTSF history
- ▀ Therapeutic suggestion with protocols

Part Three

- ▀ Rationale behind the therapeutic suggestion
- ▀ Materia Medica

In the presentation, I will first give some background on HTSF-Canada and the experience we have and want to share; How can Ontario homeopaths prepare themselves and their family, friends and patients. In Part 2 I'll share the HTSF therapeutic recommendation and protocols and in Part 3 you'll find the rationale behind the suggestions and the Materia Medica.

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HTSF has a long history:

- Integrated, interprofessional
- Community-based homeopathy
- Taking control of life-threatening situations
- Conditions following disasters
- Such as 1998 Hurricane Mitch in Honduras

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HTSF has a long history -, using homeopathy in an integrated, interprofessional and community-based approach, going back to the homeopathic control of life threatening situations and disaster conditions following the 1998 Mitch Hurricane in Honduras;

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In 2007 it was founded as a Quebec based, non-profit, non-governmental organization affiliated with Terre Sans Frontières **(an NGO)** and the Syndicat Professionel des Homéopathes du Québec **(professional association)**.

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In 2007 it was formally founded as a Quebec based, non-profit, non-governmental organization affiliated under the umbrella of Terre Sans Frontières (TSF): NGO in Quebec and supported by the Syndicat Professionel des Homéopathes du Québec (SPHQ): the Quebec official professional ass of homeopaths.



Health as an integrative part of sustainable development with autonomy of communities is a main objective of HTSF, which we attempt to achieve through the four aspects (like the four leaves of a lucky clover): developing of protocols that can be taught, establishing dispensaries for autonomy of remedies, training and support and development with the community leaders; and promotion of community-based ethical action research.

Integrated Homeopathy for Sustainable Development of Communities



Voluntary intervention by professional homeopaths



Providing care, training, collaboration and research



Integrated into the community development process



Achieving self-reliance and sustainable development

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MISSION of HTSF action is based on voluntary intervention of professional homeopaths where needed to provide care and training, collaboration and research, in the short, medium and long term, while being integrated into community development processes, achieving self-reliance and sustainability (the homeopaths from HTSF are volunteers and the community voluntarily requests our participation.)

The HTSF First Line Complexes

SYNERGY
 $1+1=3$

HTSF has developed 12-14 combinations of remedies to deal with situations of the first line. Each complex was designed to relieve the various phases and causes of acute disease processes.



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HTSF has developed 12-14 combinations of remedies to deal with situations of the first line. Each complex was designed to relieve the various phases and causes of acute disease processes. This first line of homeopathic synergistic formulas or complexes efficiently and effectively address a variety of community and professional needs in countries, areas or times, when access to a large choice of homeopathic resources is difficult or impossible; The protocols that are developed for use are based in clinical expertise and international homeopathic experiences.

SYNERGY
 $1+1=3$

Beauty of “Intelligent”, Evidence-based Complexes: Synergy

- Several physiological phases
- Several types of sensations
- Of the same phenomenon
- Synergy of the remedies

Beauty of the approach:

- Target is larger - less likely to miss
- Easier to clarify the case, saving time
- Easier to teach
- Easier to understand and memorize
- Easier to apply
- Providing autonomy in application
- Local manufacturing and Multiplication



The beauty and intelligence of these evidence-based complexes is their synergy. They address several physio-pathological phases of the disease process, and several types of sensations. Since they are a complex of several remedies, their target is larger and it is less likely that the correct object of treatment is missed. They are easier to teach, understand, apply and therefore provide autonomy to communities. (HTSF) has introduced the complexes to health promoters, community leaders and parents. Thanks to these complexes, the training of their use and long-distance support, the health promoters trained in this fashion were able to uphold a first line of care in their localities, or in families access to medical care is scarce.

Advantages of HTSF

- Provide easy access to essential medicines
- Simplify individualization, diagnosis and treatment
- Autonomy through training
- Sustainability of front-line health care
- Effective response to public health and community health needs



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The practical and necessary reasons to develop these complexes were:

1. Give access to essential medicines, especially in first-line of care (acute) situations. Simplify diagnoses and protocols for recurring clinical conditions and characteristics.
2. Education and transmission of protocols for sustainability in frontline care
3. Autonomy and self-sufficiency in the supply, and storage of remedies
4. Effective response to public health, to the urgent needs of groups in a population that shares common symptoms and diseases.
5. Impossibility of individualization.



Over the years of training and missions to diverse communities for example here in Honduras, many of the objectives are achieved. And with ongoing support, and development in response to different needs, Honduran community leaders continue to be able to be autonomous in operating the homeopathic dispensaries with their population.

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Fast forward to 2019:
A renewal of the organization
Incorporated in Canada by both
Quebec and Ontario
homeopaths

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In the Spring of 2019, the connection with TSF was dissolved and we came together with some of your colleagues from Ontario to create an interprovincial and Canadian non-profit: HTSF-Canada

HTSF-Canada

- Following WHO guidelines:
- Interprofessional collaboration
- Integrated homeopathy in sustainable development
- Community-based
- Responding to the needs identified by the community
- Equal access to the training, care, research

With this collaboration we are programming integrated and interprofessional community health activities with homeopathy in Ontario, following WHO guidelines. Integrated homeopathy as part of sustainable community-based development that responds to the community's identified needs and provides equal access to all aspects of the work

Homeopaths in Ontario

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Homeopaths are trained health-care practitioners

- Observe and assess the totality of signs and symptoms
- Physical, mental, emotional and general level,
- Prescribing a remedy that best matches this symptom totality.
- Treatment involves:
 - choosing the appropriate remedy,
 - administering in minute doses
 - Aim: stimulating the individual's healing response.

From: Appendix A: Backgrounder on homeopathy and the
College of Homeopaths of Ontario: basic and legal definitions
From the Homeopathy Act 2007

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What is homeopathy and who are the homeopaths in Ontario context: Homeopaths are considered equal with all other trained health-care practitioners

Homeopaths observe and assess with the totality of signs and symptoms that the patient exhibits.

This totality refers to taking all the symptoms a patient exhibits on a physical, mental, emotional and general level, and prescribing a remedy that best matches this symptom profile.

Treatment involves:

choosing the appropriate remedy,

which is administered in minute doses

with the aim of stimulating the individual's healing response.

Homeopath: A protected Health Profession Title:

in Ontario, only members of the College of Homeopaths of Ontario

are regulated and authorized to use the title "Homeopath". ...

and present themselves as qualified to practise as a homeopath.

Homeopathic Profession and Scope of practice

- 14 ➤ The **Scope of practice of homeopathy in Ontario** is
 - the *assessment of body systems disorders and treatment*
 - using homeopathic techniques
 - *to promote, maintain or restore health.* (S.O.2007, c.10, Sched.Q, s.3)
- The College of Homeopaths of Ontario (CHO) has created
 - a series of professional practice standards and guidelines
 - to define the **safe and effective practice and scope of practice for homeopathy.**
- Registered homeopaths are accountable to CHO,
 - to provide **safe, competent and ethical practice.**

From: Homeopathy Act 2007 and Regulated Health Professions Act 1991

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With HTSF experience and Ontario homeopaths' status, a collaboration between HTSF and OHMA is logical. Together we have many ideas for integrated health projects in Ontario. A starting point for this work can be the sharing of the HTSF experience with epidemics and using it as an opportunity for collaboration and integration. First of all, it is good to remember our scope of practice of Ontario homeopaths, given to us through the Homeopathy Act 2007 and Regulated Health Professions Act 1991, which is: the assessment of body systems disorders and treatment, using homeopathic techniques to promote, maintain or restore health. Through CHO we adhere to professional practice standards which ensure our safe and effective practice with accountability to the CHO.

CHART about our Rights& Duties as Health Professionals in Ontario

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- It is our human mission and professional objective to practice homeopathy with intention to treat all those patients who need and want it;
- To provide patients access to health-care professionals of their choice;
- To “*stimulate the individual’s natural healing process in order to restore and maintain health*”
- This is what we do and must claim doing in all circumstances, finding the appropriate ways to deliver our professional services.

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In terms of our rights and duties as a health professional in Ontario, it is our mission to practice homeopathy with intention to “treat” all those patients who need and want it; so that they have access to the health-care professionals of their choice;
Our professional service as a homeopath is to “stimulate the individual’s natural healing process in order to restore and maintain health”
This is what we do and should emphasize that we are doing all the time, finding the appropriate ways to deliver our professional services.

CHART about our Rights& Duties as Health Professionals in Ontario

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- We share the same health realities as other Regulated Health Professionals
- We adhere to safe, competent and ethical practice.
- We want to achieve equality and consistency in delivering our services, as we share the same purposes and public interests.
- Participate in people-centered care and community-based integrated health programs and activities.

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As a regulated health professional, we share the same health realities as other Regulated Health Professionals
We adhere to safe, competent and ethical practice.
We want to achieve equality and consistency in delivering our services, as we share the same purposes and public interests.

From CHO

"Questions and Answers on the Coronavirus COVID-19"
March 18, 2020

"Homeopaths are well suited to dealing with epidemic disease. It is rooted in the history of homeopathic medicine.

Educate your patients and the public about how to stay healthy during these unique and troubling times.

Continue to take appointments (by phone or video is best) and treat your patients.

Treating patients remotely can help keep you and your patients safe.

Care can be administered in a timely, efficient manner and reduce the risk of infection to the public, homeopaths and their families."

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This will look familiar to you, as these are the instructions that were given to us as homeopaths by the CHO.

It says, that it is recognized that Homeopaths are well suited to dealing with epidemic disease. It is rooted in the history of homeopathic medicine.

Educate your patients and the public about how to stay healthy during these unique and troubling times.

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OHMA Step One: Educate and Protect

- Protect:
 - a) Yourself
 - b) Your Family @ risk
 - c) Your Family
 - d) Your Friends @ risk
 - e) Your Friends
 - f) Your Patients @ risk
 - g) Your Patients
- Do this and then we can consider our community
- Step Two: Educate our Homeopathic Profession on tools for Step One: to educate the above



The OHMA excellent first step, is our starting point: You have all seen it: It tells us to protect first of all ourselves and then protect in larger circles, always those who are at risk first, to family, friends, your patients. Step two is to educate and provide the tools on how to go about the step 1 and HTSF-Canada is specifically collaborating with you on this part and Part 2 and 3 of this presentation are part of that.