

HTSF-Canada

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Proposed Response for a Professional Homeopathic Network supporting Health Professions during the Current Public Health Crisis.

Part 2 - History and Protocols

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Hello and welcome to Part 2 of the Proposed Response for a Professional Homeopathic Network supporting Health Professions during the Current Public Health Crisis. My name is CM and I am the president of HTSF-Canada. In this part I'm presenting a homeopathic strategy to the current crisis, which has been prepared in collaboration with Martine Jourde, founder of HTSF

Presentation

Part One

- Background on HTSF-Canada

Part Two

- Homeopathic and HTSF history
- Therapeutic suggestion with protocols

Part Three

- Rationale behind the therapeutic suggestion
- Materia Medica

In part 1 you will have had some background on HTSF-Canada and our past and current international experiences; In Part 2 I'll share the HTSF-Canada therapeutic recommendation and protocols and in Part 3 you'll find the rationale behind the suggestions of the protocol and the Materia Medica.

“Homeopaths are well suited to dealing with epidemic disease. It is rooted in the history of homeopathic medicine.”

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Let's start with this statement by the CHO that Homeopaths are well suited to dealing with epidemic disease. Let's look at our common homeopathic history

Homeopathy Historical epidemic experience



- Historical, worldwide professional homeopathic experience: observing and treating Individuals, Groups and Communities regarding public health issue, such as epidemics
- Understanding, classifying, observing and treating the natural course, conditions, pace, intensity, particularities of 'acute' diseases (versus chronic),
- specific and efficient integration of the totality of the characteristic and peculiar symptoms of the natural disease manifested in its environment and its etiology:
- a model for ecological & epidemiological understanding and evaluation of dynamic and complex phenomenon, such as epidemics.

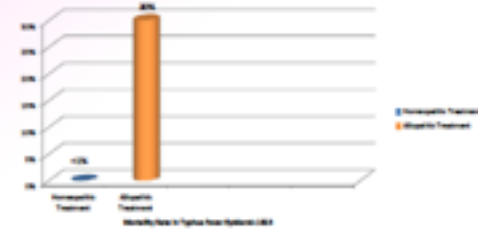
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I'm sure you all know of the great successes homeopathy has had over the last 200 years, since Hahnemann's first use of a genus epidemicus in a Scarlet fever epidemic. Our specific training allows us to observe not only individual's symptoms, but also the natural course of acute diseases, their pace and intensities and of course their particularities. We know how to efficiently integrate the characteristic and peculiar symptoms into an image or a totality. Homeopathy is a model for understanding a dynamic and complex phenomenon such as an epidemic.

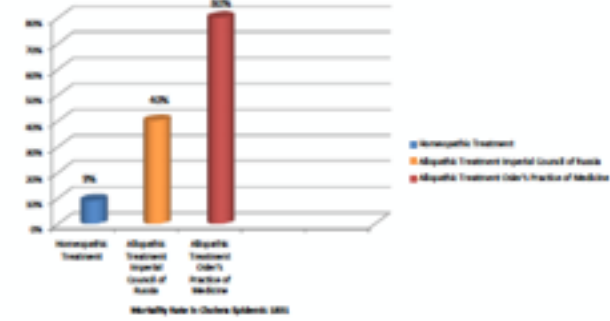
Mortality Rates: Homeopathy and Conventional Medicine

Typhus Fever 1813



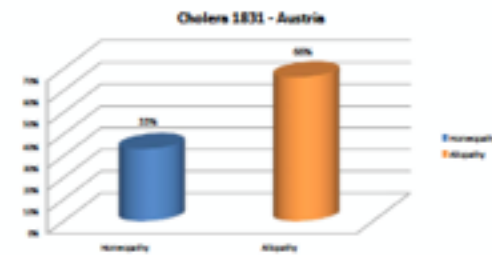
The 1813 typhus epidemic followed in the wake of Napoleon's march through Germany to attack Russia – followed by his calamitous retreat. When the epidemic hit Leipzig, Hahnemann treated 180 people and lost only 2 (less than 1%) – Allopathic mortality rates were >80%. Prompt treatment of the disease with antibiotics reduces the mortality rate to approximately 1%. When untreated, typhoid fever usually lasts for three weeks to a month. Death occurs in between 10% and 30% of untreated cases.

Cholera Epidemic 1831



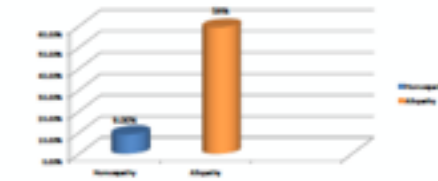
Dr Guin reported that the death in 10 homeopathic hospitals were 9% Deaths under homeopathic treatment in Russia were <10% (Admiral Mordoinow) Deaths under homeopathic care in Bavaria (Dr Roth reported) 7%

Cholera Epidemic 1831 Austria



These figures were reported by Dr Wild – an allopathic physician - in the Dublin Quarterly Journal and "on account of this extraordinary result, the law interdicting the practice of homeopathy in Austria was repealed"

Cholera Epidemic 1854 - London



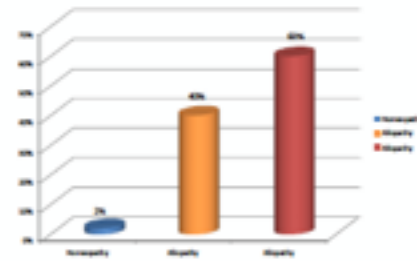
Historically important epidemic - it was the first time a disease outbreak was traced to a particular source - in this case a public water pump. The pump was closed & epidemic ceased. All in all 10,738 people died. The House of Commons requested a report regarding the various methods of treating the epidemic. When the report was issued, no homeopathic figures were included. The House of Lords requested an explanation, and it was admitted that if the homeopathic figures were to be included in the report, it would "skew the results" so it was suppressed. Upon examination, the buried report revealed that under allopathic care the mortality was 39.2% while under homeopathic care mortality was only 0.36%.

from Robin Murphy, March 6, 2020

This slide is from Robin Murphy's presentation on Covid-19 on March 6th. I borrowed it as it shows so beautifully homeopathy's effectiveness in epidemics as it compares deaths of those treated conventionally (orange and red columns) to those treated homeopathically (blue columns)

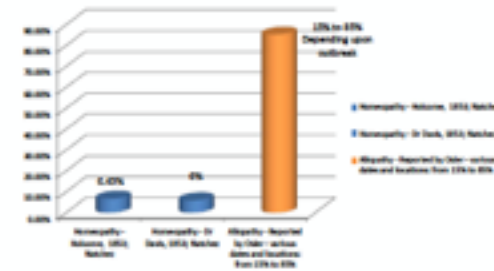
Mortality Rates: Homeopathy and Conventional Medicine

Cholera Epidemic 1855 - Rio



388 cases were treated with homeopathy with a 2% death rate, while the allopathic infirmary had a 40-60% death rate. In 1878, Selumino de Meireles and others recreated the old Instituto Homeopatico do Brasil and in 1880, they changed the name to Instituto Hahnemanniano do Brasil, which still exists. Homeopathy appears to be thriving in Brazil and is an important part of national health care initiatives.

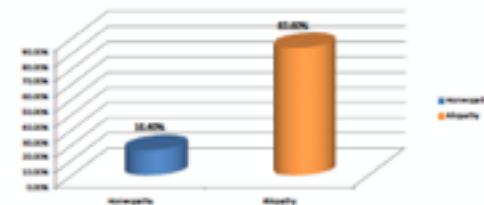
Yellow Fever Epidemic



Memphis, Tennessee: 1878

The worst yellow fever epidemic in U.S. history occurred in 1878, with over 5,000 deaths in Memphis alone and 20,000 deaths in the whole of the Mississippi Valley. Various yellow fever epidemics raged throughout the Deep South throughout the mid to late 19th century.

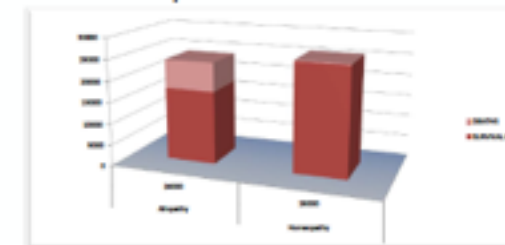
Diphtheria - 1862 - 1864



In the records of three years of Diphtheria in Broome County, NY from 1862 to 1864, there was a report of an 83.6% mortality rate among the allopaths and a 16.4% mortality rate among the homeopaths. (Bradford)

Diphtheria was difficult to treat as despite its periodicity, it rarely had the same presentation. Practitioners needed to be able to quickly prescribe on an individual by individual basis. Occasionally, the disease would throw up particularly definite symptoms thus enabling the practitioner to prescribe a genus epidemicus.

Spanish Flu 1918



Dr. T. A. McCann, from Dayton, Ohio reported that 24,000 cases of flu treated allopathically had a mortality rate of 28.2% while 26,000 cases of flu treated homeopathically had a mortality rate of 1.25%.

This last figure was echoed and endorsed by Dr. Dean W.A. Pearson of Philadelphia (Hahnemann College) who recorded 26,797 cases of flu treated with homeopathy with the above result.

from Robin Murphy, March 6, 2020

Also from Robin Murphy. I like to show these figures and you have to admit, stunning differences in outcome, as they help remind us of the efficacy of our remedies and of our approach to understanding disease.

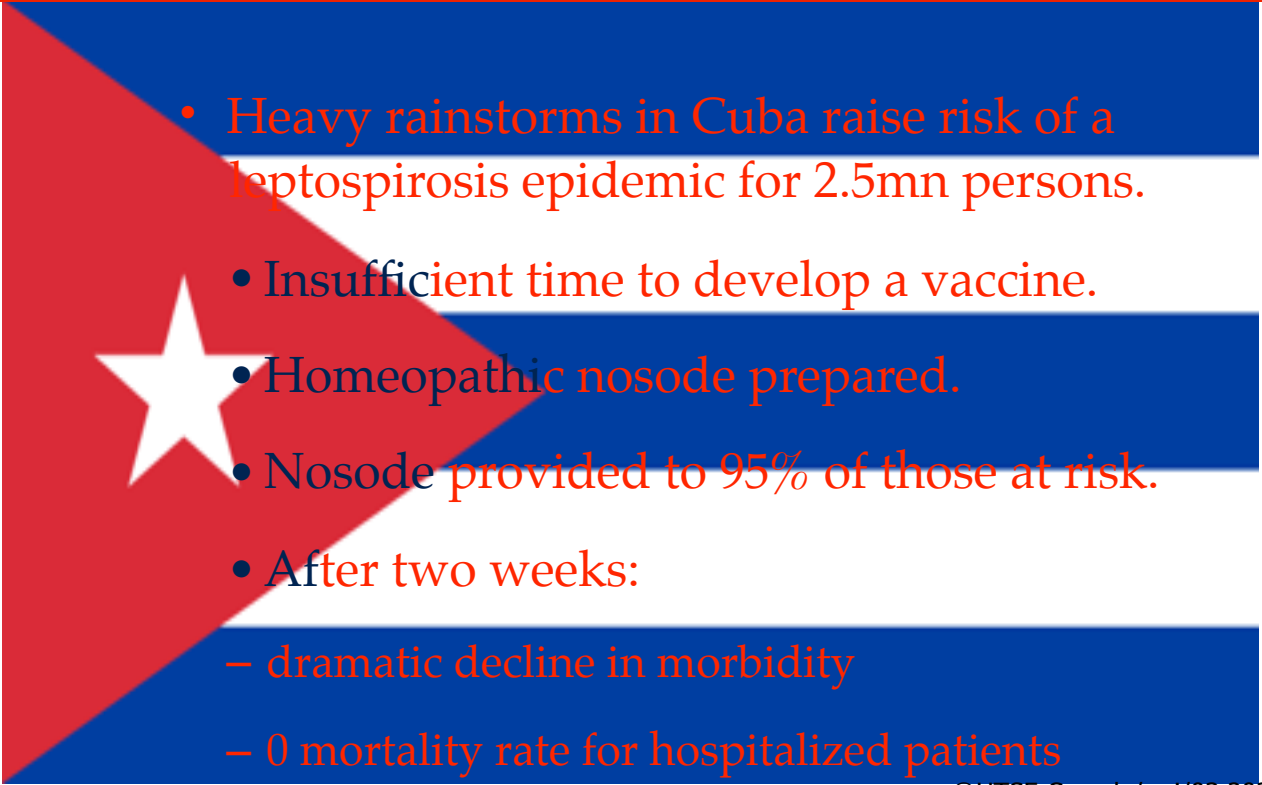
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- Many years experience in Latin America and Africa.
- Long term collaboration and experience with Cuba's Integrated approach to Public Health Issues, such as viral epidemics
- Since 2007, HTSF has greatly contributed to Integrative Homeopathy with various scientific, Public health authorities, communities of Cuba,
- Integrative Medicine and Approach to Public Health and Science, Technology & Innovation programs in Cuba, where Homeopathy is integrated by the Ministry of Health, since 1992.

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I will share a bit of HTSF experience. In Cuba, Since 2007, HTSF, specifically Martine Jourde, has greatly contributed to Integrative Homeopathy with various scientific, Public health authorities, and communities of Cuba, supporting autonomy for supply, methodologies, transfer of knowledge, know-hows and techniques, networking and international collaboration to maximize Integrative Medicine and Approach to Public Health and Science, Technology & Innovation programs in Cuba, where Homeopathy is integrated by the Ministry of Health, since 1992.

Success of homeopathy in Cuba 2007

- 
- Heavy rainstorms in Cuba raise risk of a leptospirosis epidemic for 2.5mn persons.
 - Insufficient time to develop a vaccine.
 - Homeopathic nosode prepared.
 - Nosode provided to 95% of those at risk.
 - After two weeks:
 - dramatic decline in morbidity
 - 0 mortality rate for hospitalized patients

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The first success story is about Leptospirosis, also known as Weil's disease, is a bacterial infectious disease.

There is a direct correlation between the rainfall levels in an area and the incidence of leptospirosis.

Which has a mortality rate: 5% to 30% according to the Finlay Institute

Many of you have heard this story, I'm sure, how about 2.5 million people were at risk for becoming infected in Oct-Nov 2007 after heavy rainfall and extensive flooding. There is a vaccine, but it requires two doses and at least 3 months to attain optimal immunity. Finlay, the high standard laboratory, responsible for vaccine production, only had a few thousand doses and it would take 4 months to work up to the required quantities.

So, the Finlay Institute instead of making more vaccine, prepared a homeopathic nosode using four strains of leptospirosis in 200CH.

Teams traveled to the affected regions to administer the nosode to 2.4 million persons, covering over 95% of the population at risk. Two oral doses were administered, 7-9 days apart.

Epidemiological surveillance after the nosode administration revealed:

- a dramatic decline in morbidity, two weeks after administration of the homeopathic remedy. Confirmed cases of leptospirosis involved individuals who had not received the homeopathic remedy
- a decline to 0 mortality rate for hospitalized patients
- confirmed cases of leptospirosis remained low and below expected levels given usual trends and rainfall.

Given this success, Cuba's Ministry of Public Health incorporated the homeopathic nosode in its new procedures for the control of leptospirosis.

HTSF-Canada: a long time collaboration
and historical experience
with Cuba's Integrated approach to Public Health Issues,
such as viral epidemics

- ▶ Help for **publication** of this large-scale essay in
Revista Homeopathy (2010) 99, 156-166 @2010
The faculty of Homeopathy, 10.1016/j.homp.
2010.05.009, available online at <http://www.sciencedirect.com>
- ▶ Original Paper: Large-scale application of highly-
diluted bacteria for Leptospirosis epidemic
control: Gustavo Bracho, Enrique Varela,
Rolando Fernandez, et al, Havana, Cuba.

It was a success and a high quality action research, conducted by the best professionals of the Cuban campaign and you see here the reference of the publication of that research. It had a big international impact on the subject of use of homeopathy on a large scale in times where efficient alternatives are missing or in conditions of natural disasters.

Success of homeopathy in Cuba 2007-2010

- Mass Homeopathy in Cuba with Dengue (2006-2009) : 150.000 people. Homeopathic Complex (GE) BEG and NoDEGRIP,
- Conjunctivitis (2008-2009): 180.000 people, Homeopathic Complex REPA
- Influenza and Pneumococcus (2009-2010) : 9.074.439 people, Homeopathic Complex NoDEGRIP (2009).

Further participation of HTSF, was in collaboration & research on treatment for Dengue in Cuba

and collaboration on the development of early diagnostic tools and homeopathy for Chagas disease in Honduras, including a first homeopathic nosode of the most active form of Trypanosoma Cruzi, (has been used since 2007 in Honduras as pilot study).

FINLAY under the presidency of Dr. Conchita Campa Huergos, continued with Interventions of Mass Homeopathy in Cuba for Dengue (2006-2009) : 150.000 people. With the Homeopathic Complex (GE) BEG and NoDEGRIP, For Conjunctivitis (2008-2009): 180.000 people, with the Homeopathic Complex REPA. And for Influenza and Pneumococcus (2009-2010) : 9.074.439 people, Homeopathic Complex NoDEGRIP (2009).

Success of homeopathy in Cuba - Ongoing

- Advisory Committee of the Integral Program for the Control of Cancer in Cuba, since 2012:
 - Development of Homeopathic Palliative Care Kit
 - Homeopathic Adjuvant Formulas for Cancer Epigenetic Susceptibility
- Research on homeopathy and nutrition in integrative approach to diseases of memory:
 - design of two homeopathic complexes Memory 1 and Memory 2;
- Integral health with homeopathy of Jovellanos, Santa Clara communities:
 - HTSF complexes for Dentistry, Pediatrics, Neonatology

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Further examples of Participation are seen here, these programs are ongoing:

1. on the Advisory Committee of the **Integral Program for the Control of Cancer in Cuba**, since 2012: designed two series of complexes: a Homeopathic Palliative Care Kit for Patients with Advanced Cancer, 2012, Havana; Homeopathic Adjuvant Formulas for Cancer Epigenetic Susceptibility, Oncology of Matanzas.
2. the **research on homeopathy and nutrition in integrative approach to memory diseases**: design of two homeopathic complexes Memory 1 and Memory 2, within a global and population strategy to maintain the health of the brain especially after 45 years, prevent common risk factors such as the metabolic syndrome, in formula Memory 1; in formula Memory 2, act on deterioration of the main functions of brain.
3. Several collaborations, courses, trainings, development of an integral health approach with homeopathy for the sustainable development of the Jovellanos communities, Homeopathy for Dentistry, Pediatric Homeopathy, etc. since 2013. Ongoing.
4. Same with Remedios Communities, Santa Clara: homeopathic complex kit and training for reanimation in neonatology, for dentistry and pediatrics

Success of homeopathy in Cuba - Ongoing

- Red Cross of Matanzas province: HTSF First Line training of all volunteers
- Training of interdisciplinary professionals in the Rosa Luxembourg Child Neurological Development Centre in Cardenas
- Integral approach to child development from the constitutional and epigenetic susceptibility homeopathic point of view
- homeopathic action research with cohort of 18 children with the most severe neurological damage

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1. training of Matanzas Red Cross volunteers, pilot projects- ongoing

2. Since 2015- Ongoing: Interprofessional and integration courses given to a group of 40 professional specialists from the Rosa Luxembourg Child Neurological Development Centre in Cardenas: with Integral approach to child development from the constitutional and epigenetic susceptibility homeopathic point of view:

3. various research projects, amongst which with Integrated homeopathic signalization for healthy microbiota during pregnancy and its impact on modes of delivery, health and weight of newborn and neurological development (2019-2020-ongoing)

Cuba - Canada collaboration

- A number of Canadian homeopaths have had the opportunity of learning the integrative approach
 - Focus on healthy adaptations and natural integrations, with homeopathy
 - Martine Jourde and Dr. Guillermo Prado
- R&D of line of over-the-counter remedies in pharmacies - based in HTSF complexes:
 - Alivihos (relief of symptoms) and
 - Prevenghos (homeopathic preparation to meet the immune challenge from viral epidemics such as Dengue)
- Stopped in 2015 and back since January 2020

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1. A number of Canadian homeopaths have had the opportunity of learning the integrative approach

with Focus on healthy adaptations and natural integrations, with homeopathy with course given by Dr Guillermo Prado and Martine Jourde to HTSF homeopaths.

2. Also From 2010 to 2015: a line of homeopathic complexes for 'over the counter' use was developed distributed to the 'green' section of all pharmacies, produced on a large scale by Institut Finlay, and registered in the National Register for Drugs (= our Health Canada) of Cuba, Abandoned by Finlay for mass production in 2015, But the ALIVIHOS and PrevengHOS designed with HTSF, are back in mass production by the national pharmaceutical bio-tech company AICA+. since January 2020.

THESE INTERPROFESSIONAL RESEARCH AND INTEGRATION PROJECTS AND ACTIVITIES GO TO SHOW HOW MUCH CAN BE DONE WHEN THERE IS AN ACTIVE HOMEOPATHIC COMMUNITY AND GOVERNMENT SUPPORT.

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Martine was given status in Cuba as Collaborating professor and associated researcher with the University of Matanzas.

Both Martine and Carla are registrants with CHO and have had a desire to collaborate with OHMA

Developing interprofessional and interprovincial projects supporting the work of homeopaths.



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in 2018 UCM-Matanzas: 'recognizes Martine Jourde, representing HTSF, ...as a Collaborating Professor and Associate Researcher, with the aim of promoting and enhancing academic and scientific exchange in our house of high studies, University and training institutions in the area.'

Both Martine and I are registrants with CHO and have a desire to collaborate with OHMA in developing these types of interprofessional interprovincial projects in support of the work of homeopaths. Those of you who have taken the training for the First line of remedies can probably imagine how your homeopathic skills and the genius of the HTSF complexes can combine in a powerful way of practicing homeopathy in integrated settings with other health care workers.

Conclusions from experience of previous epidemics



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Out of all this experience, what were the specific learnings in Cuba (and somewhat in Quebec) during the AH1N1 Influenza epidemic of 2009? It was the training ground for the one we are living right now, and is informing HTSF-Canada recommendations and protocols at this time.

HTSF-Canada - Collaboration

- What was learnt from facing emergent virus of AH1N1 in 2009:
- Need to understand and estimate more effectively the difference between a common viral epidemic and a new emerging viral epidemic/pandemic:
 - Need to capture the dynamics, the pace, the intensity and peculiar extension of an emergent viral epidemic:
- Need a better knowledge of Materia Medica for New Emerging Viral Epidemics/Pandemic, to:
 - Sustaining the immune response for good individual and collective health protection; and recovery of patients and populations in general.

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What was learnt from facing emergent virus of AH1N1 in 2009:

There is a need to understand and estimate more effectively the difference between a common viral epidemic and a new emerging viral epidemic/pandemic:

the need to capture the dynamics, the pace, the intensity and peculiar extension of an emergent viral epidemic:

The need to have a better knowledge of Materia Medica for New Emerging Viral Epidemics/Pandemic, to:

Sustaining the immune response for good individual and collective health protection; and for the recovery of patients and populations in general.

HTSF-Canada - **Main Goals facing the pandemic:**

- Empowering our Professional Homeopathic Community
 - with Homeopathic knowledge, know-hows, tools, methodologies, learnings from past and present experiences; develop skills, confidence, courage,
 - through collaborating in a professional homeopathic network:
 - sharing, communicating, organizing, acting synchronically with ourselves, with our patients, other health professionals and stake-holders.

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With this talk, we hope to empower our Professional Homeopathic Community

with Homeopathic knowledge, know-hows, tools, methodologies, learnings from past and present experiences, to develop the skills, confidence, courage, through organizing a Professional Homeopathic Network for Epidemics: sharing, communicating, organizing, acting with cohesiveness between ourselves, with our patients/clients, other health professionals and stake-holders.

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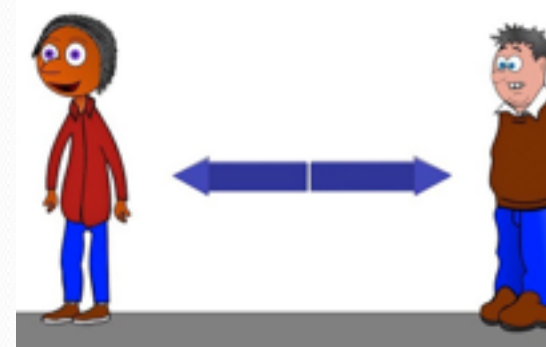
What do I do for protection?

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As our governments and professional associations are making recommendations, we share here what we personally do for protection

Follow ALL government measurement to ensure safety!

- Social distancing:
- Two meters
- Handwashing
- Isolation when exposed
- Quarentining when Sx
- Personal Protective Equipment (in health care settings)



First of all, of course we follow all government precautions. Keeping distance, two meters which can be hard outside or in a store. Washing hands, as soon as I come inside. I live with a friend who also works in health care, so to be sure we also do a daily wipe with alcohol of doorknobs, light switches and faucets, hard surfaces we touch frequently.

Name: HTSF-Grippe-Influenza

(Equivalent to Cuba
NoDEGRIP 2009 and
ProvengHo-Virus 2020)



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Homeopathically, I take this complex, called in Canada: HTSF-Grippe-Influenza. In Cuba in 2009 the same complex was used with 9 million population but it was called NoDEGRIP. HTSF was very central to the development of this complex. It has been used in Canada as HTSF Grippe-Influenza since 2009. I have used it since that time to take care of my family, friends and patients.

Cuba: PrevengHo-Virus 2020



- Same formula as Nodegrip 2009, used successfully in 9 million Cubans at that time
- Pharmaceutical grade, 10 ml homeopathic drops to be taken sublingually
- Produced at high standard BioTech Lab, AICA
- Registered with CEDMED (Cuban national Medical Register, equivalent to Health Canada Drug and Health Products Branch)
- Registered for use in conditions of epidemiological risk of viral infections, in anticipation and preparation of symptoms of viral diseases.

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Under the name Nodegrip, the formula was used successfully in Cuba during 2009-2010 AH1N1 epidemic waves. This same formula is now used in Cuba under a new name: PrevengHo-virus 2020:

It is a pharmaceutical grade, prepared in the format of 10ml homeopathic drops to be taken sublingual

produced industrially + at high standards by the Bio tech Pharmaceuticals Lab, AICA

the remedy is Registered with CEDMED , the National Medical Register (the equivalent to Health Canada Drug and Health Products Branch)

It is registered in Cuba for use in conditions of epidemiological risk of viral infections, in anticipation and preparation of symptoms of viral diseases

Cuba: ProvençHo-Virus 2020



- Distributed through professional network of dispensaries (pharmacies, health institutions, teams of doctors and health care workers)
- Initial distribution to 4,000.000 people according to following priorities:
 - Areas that are most at risk of epidemic outbreaks;
 - Population that is most at risk
 - First line of health professionals
- It is part of Cuba's national plan for the control of epidemics

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It is distributed through a network of professional dispensaries (pharmacies, health care institutions, professional health and medical teams)
The current target is production of a first wave of 4 000 000 doses, following priorities: a) most at risk areas for outbreaks or epidemics
b) most at risk population c) 1st line of health professional at risk;
Most important: it is part of the Integrated national plan for control of epidemics.

HTSF-GRIPPE/ INFLUENZA



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PrevenGHO - Virus, it is not past, it is present and ongoing, it is justified for risk management for individuals. It is the same formula as HTSF Grippe-Influenza. Each flu-like viral disease has a particular symptom totality and process in which these symptoms develop. Hence the choice of the synergistic remedies during viral epidemics and pandemics. This is the complex that since 2009, we have been recommending to our family, friends, patients for support and management of risk during seasonal viral episodes in the winter. First I will show the remedies in the complex and the way to prescribe it (in protocols), followed by sharing here the most important clinical experience and Materia Medica aspects that formed the decisions of inclusion of each remedy in the complex.

Grippe-Influenza

- Anas barbariae 200k
- Arsenicum album 200k
- Bacillinum 30ch
- Baptisia tinctoria 200k
- Bryonia 200k
- Eupatorium perfoliatum 200k
- Gelsemium 200k
- Influenzinum (AH1N1) 200k
- Crot-h 30 ch
- Pneumococcinum 200K
- Pyrogenium 200K
- Tuberculinum aviaire 200K



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Here is the content of the Magistral formula. We are sharing, because of the circumstances, the complete formula with all the remedies that are present in it. Later I will go one by one over the justification and importance of each remedy.

Canada: HTSF-Grippe-Influenza

- Magistral formula, prepared and distributed since 2009 in a homeopathic lab
- Lab is licenced with Health Canada under GMP
- Guarantee of safety and quality of the magistral product
- dispensed by homeopaths, if indicated in a case
- Not commercialized, only for professional use
- Dispensed in 30 ml dropper bottles
- Or 4 mg tubes of granules

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HTSF-Grippe-Influenza:

as a magistral formula and suggestion for homeopaths to dispense professionally, if the case indicates it.

It has been prepared and distributed since 2009 by a licensed homeopathic laboratory under GMP, to ensure safety and quality of magistral product

Not commercialised, just for professional use.

Composition:

Dispensed in 30ml drops form or pellets

Dosage: as protocol suggested.

Homeopathy:
Appropriate immune response to
the situation we have with a new
virus
Need to upgrade the immune and
respiratory and resilience to avoid
complications

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The importance, therapeutically, to address with homeopathy is the overall state of the organism, when we do that, we address the immune system, so that it can respond appropriately, read: not over-respond or under-respond, to a particular situation. At the same time, other organ-systems become more resilient, esp the respiratory system which is usually involved in viral infections. Homeopathy has more than 200 years of experience doing so.

Homeopathy with the HTSF-Grippe-Influenza

*When pre-treatment, treatment and
prodrome of symptoms need to be
addressed at the same time*

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Use homeopathic HTSF G-I in a time when pre-treatment, treatment and prodrome of symptoms need to be addressed together. There is a societal sense of apprehension, sometimes as much as anxiety and fear over potential financial losses and disease. A state is present and needs to be addressed with homeopathy which at the same time will support the immune system and the cardio-respiratory system.

“Genus epidemicus cannot be regarded as a universal principal because in countries like India and other tropical countries we suffer from other diseases from childhood and their remote effects are there as obstructions to cure. Moreover, when there are differences in the constitutional nature of different sick-individuals the genus epidemicus does not solve the problem of curing the epidemic disease.”

Mathur, Principles of Prescribing. New Dehli: B. Jain Publishers, 1995 (reprint edition), p. 51

We will go into detail about each remedy later, but first I want to underscore the importance of using a complex and of using it ahead of physical symptoms in these kind of situations. Mathur tells us: “Genus epidemicus cannot be regarded as a universal principal because in countries like India and other tropical countries we suffer from other diseases from childhood and their remote effects are there as obstructions to cure. Moreover, when there are differences in the constitutional nature of different sick-individuals the genus epidemicus does not solve the problem of curing the epidemic disease.”

Burnett's ladder of remedies plan

- “Use a ladder (a series) of remedies,
- not one of which of itself can effect a cure,
- but each of which works cure-wards,
- their cumulative action eventuating a cure.
- It is not possible to restore health with just one remedy in some cases, and covering the totality is a useless and fruitless task.”
- Burnett learned this from Drysdale who called it a course of medicines.



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Burnett inspired the idea of a course of remedies, he called it his “ladder of remedies plan” Where you needed all the rings of a ladder to get to the top, meaning to cure a pathological-anatomical change. He says: “Use a ladder (a series) of remedies, not one of which of itself can effect a cure, but each of which works cure-wards, their cumulative action eventuating a cure.

It is not possible to restore health with just one remedy in some cases, and covering the totality is a useless and fruitless task.” Burnett learned this from Drysdale who called it a course of medicines. The organ remedies as well as nosodes were seen as important in this ladder of remedies. The synergy between remedies required in the treatment process helps increase the effect when using a formula or complex.

Burnett

- *Remedies are needed for each stage of disease*
- *Anticipate the need of one remedy after another corresponding to the physiological disease process*
- *Burnett: "To cure a disease by remedies, the remedies must stand in some relationship to the disease process itself no matter whether the symptoms reveal the process or not."*



We learn another important aspect from Burnett, which is that the required remedies need to be anticipated. So, in order "to cure a disease by remedies, the remedies must stand in some relationship to the disease process itself no matter whether the symptoms reveal the process or not." The methodology that follows coming from this theory, uses cases and experiences to come to the decision on inclusion of remedies in the process.

PROTOCOLS SUGGESTED BY HTSF-CANADA

A series of protocols has been designed to respond to people's different situations and environments.

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These protocols are to address the underlying state, integrating knowledge from previous and current epidemics of new, emergent viruses, which have a particular way to interact with the immune system. It is a well-known practice in homeopathy to address symptoms that haven't found physical expression, but that one can predict and therefore treat in their latent state.

SUPPORT IMMUNE SYSTEM

I. NO INFECTION + ISOLATION

- No current symptoms of cold or flu-like nature
- Prodrome state - Anticipating clinical symptoms
- HTSF Grippe/Influenza: one dose per day for three days
- Followed by: one dose weekly, or every 3 days (twice per week).

PROTOCOLS
SUGGESTED BY HTSF-CANADA

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The first protocol is for support of the immune system while the person is in social distancing measures, or isolation. You're staying at home, you're not in contact with anyone potentially infected. But you may be in a state of apprehension, and as a homeopath we need to anticipate the clinical symptoms that are already present in the neurosensorial. and you need to support the immune system, but no frequent repetitions are needed. One dose 3 days in a row, followed by a weekly dose.

SUPPORT IMMUNE SYSTEM

2. POTENTIAL EXPOSURE

- No current symptoms of cold or flu-like nature
- Prodrome state - Anticipating clinical symptoms
- HTSF Grippe/Influenza: one dose per day for three days
- Followed by: one dose every other day
- Earliest sign of least trouble (tickle in throat, extreme fatigue): take an extra dose

PROTOCOLS
SUGGESTED BY HTSF-CANADA

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IN this second protocol, a risk of exposure is more likely. As there are so many viruses in the environment, The underlying state of apprehension is more intense, and despite the measurements, people are in prodromal state of the clinical symptoms. Also, they may be working hard, getting dehydrated. So we protect our immune system with more frequent doses. At the least sign of flu-like symptoms, including sudden, great fatigue, there is a need to take an extra dose. stage of protocol for possibly contaminated people without knowing it, you can mention that besides preventive Preveng-Ho being given to at risk areas, age risk and work risk individuals and groups, it has started to be given to contacts without symptoms of positive identified persons, even if the latest have or not symptoms...

SUPPORT IMMUNE SYSTEM

2. POTENTIAL EXPOSURE

- No current symptoms of cold or flu-like nature
- Prodrome state - Anticipating clinical symptoms
- HTSF Grippe/Influenza: one dose per day for three days
- Followed by: one dose every other day
- Earliest sign of least trouble (tickle in throat, extreme fatigue): take an extra dose

PROTOCOLS
SUGGESTED BY HTSF-CANADA

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IN this second protocol, a risk of exposure is more likely. As there are so many viruses in the environment, The underlying state of apprehension is more intense, and despite the measurements, people are in prodromal state of the clinical symptoms. Also, they may be working hard, getting dehydrated. So we protect our immune system with more frequent doses. At the least sign of flu-like symptoms, including sudden, great fatigue, there is a need to take an extra dose. In Cuba, PrevengHo is being given to contacts of people who tested positive whether or not these contacts have symptoms...

SUPPORT IMMUNE SYSTEM

3. WORKING IN HEALTH CARE

- No current symptoms of cold or flu-like nature
- Prodrome state - Anticipating clinical symptoms
- HTSF Grippe/Influenza: one dose per day for three days
- The more you are exposed, the more you take it.
- Take a daily dose when you are working
- Every other day when not working

PROTOCOLS
SUGGESTED BY HTSF-CANADA

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For those who work in the health care system and are around people who are ill, the need to support the immune system is greater and the prodromal state, together with anticipatory apprehension and other symptoms is present in the organism. In this case more frequent doses are necessary: daily dose when working, and when off work: one dose every other day.

SUPPORT IMMUNE SYSTEM

4. ENTERING FROM EPIDEMIC AREA

- You are arriving from an area where there are many cases
- You may have been exposed
- Camphora 200K or MK (one dose)
- Toxic shock of whole system
- Bypassing the immune system
- Negative temperature: feeling of deadly cold
- If not at hand, HTSF trained people, use HTSF-Intox, 5 drops or 2 granules every 4 hours for a day

PROTOCOLS
SUGGESTED BY HTSF-CANADA

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When someone comes from an area with a lot of contamination, the first remedy to give is Camphora: the organism is reacting like a big poison is penetrating the whole body at once, it is a violent intoxication which bypasses the usual first response of the immune system; this type of intoxication does not have to be specifically viral; it can be bacterial, fungal, allergic, toxic. C. is a vital emergency remedy, because the whole system fails, the toxic shock results in a negative temperature, sign of severe toxemia, first a feeling of deadly cold coming from outside, followed by internal compensation with the sensation of burning inside, a drying out, a thirst for cold, as if to extinguish the fire of vital heat which already is no longer there. This remedy was found very helpful in Iran and by Sankaran, with a massive epidemic and very intense collective critical stage of toxic shock (as in epidemics of cholera, Spanish flu, Plague) If not at hand, HTSF trained people, use HTSF-Intox, 5 drops or 2 granules every 4 hours for a day

Camphora would be used more at the moment to treat cases of typhoid subtype which is characterized by the development of a more or less rapid toxemia, for which we can think of pyrogenium, arsenicum, or camphora.

SUPPORT IMMUNE SYSTEM

4. ENTERING FROM EPIDEMIC AREA

- Step 2 after Camphora:
- HTSF Grippe/Influenza: one dose per day for three days
- Followed by: one dose every second day for 14 days
- Followed by one dose weekly
- In case of flu-like symptoms, go to protocol 5.

PROTOCOLS
SUGGESTED BY HTSF-CANADA

Once the toxic shock has been removed from the organism by Camphora or HTSF Intox, the person can take the HTSF G-I daily for 3 days and then followed by a dose every other day for two weeks and then taking once weekly.

HTSF-INTOX



Poisoning, high fevers, infectious / septic states



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Breifly on HTSF-Intox. In the case you don't have Camphora and have your HTSF training, you can use HTSF Intox, a great complex for all intoxicated states

HTSF-INTOX

Poisoning, high fevers, infectious / septic states

Composition:

- **Arsenicum album**, 30 *ch*
- Camphora, 9 *ch*
- Phosphorus, 15 *ch*
- Veratrum album, 15 *ch*
- *Pyrogenium* 30 *ch*



You can see here that in th remedy core, we find Camphora as well as Arsenicum and phosphorus, which is also important for protection of liver and kidney cells, so that the patient does not reach an total organ failure.

SUPPORT IMMUNE SYSTEM

5. PERSON WITH SYMPTOMS

- As soon as there are any symptoms:
- HTSF Grippe/Influenza: one dose every 4-6 hours (3-4x/day)
- Maintain for 2-3 days, or as long as there are symptoms
- Complement with other HTSF complexes or unitarian remedies, if symptoms indicate
- Example: sore throat: HTSF-MAMI
- Any viral symptom: HTSF-VIRAL

PROTOCOLS

SUGGESTED BY HTSF-CANADA

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As soon as there are physical symptoms of flu-like nature, the repetitions need to be further increased and one dose every 4-6 hours is recommended. This is maintained for 2-3 days, as long as there are symptoms. At this point, you may need to complement with unitarian remedies, or with other HTSF complexes, for those who are trained in them. For example: When there is a sore throat: HTSF Mam1 which includes Bell, or HTSF Viral which includes Aconite.

HTSF-Mam1 “cocci” Infections

Composition:

- ▶ **Belladonna**, 30CH ch
- ▶ Echinacea, 5 ch
- ▶ Lachesis, 30 ch
- ▶ Mercurius cor, 30 ch
- ▶ Secale, 15 ch



HTSF-Canada

HTSF-MAM1.

It helps with both streptococcus and staphylococcus, the body is being attacked by a “cocci.” This can be primary or secondary infection (after viral infection)

The "Cocci" have this in common: they are bacteria that have a very hard shell that makes them impervious to phagocytes. External help is usually required to overcome the infection. These are the remedies that make up this complex, and the central remedy is Belladonna,

HTSF-Viral

Initial phase of viral infections

Composition:

- ▶ **Aconite**, 30 ch
- ▶ Eupatorium perf, 30 ch
- ▶ Ferrum phos, 15 ch
- ▶ Gelsemium, 30 ch
- ▶ Natrum muriaticum 15ch
- ▶ Phosphoric acid, 15 ch
- ▶ Rhus tox, 30 ch
- ▶ Thuya, 15 ch



HTSF-Canada

This remedy is designed to be used mainly during the invasive phase of viral infections, when it is in the early-symptomatic phase: the person feels “off”

These are the unitarian remedies that make up the complex.

The central remedy is ACONITE, and it has earned the reputation of being a powerful antiviral.

In the invasive phase, when the immune system begins to destabilize, Aconite will fight a tough battle, especially if the subject is young and strong.

HTSF PULMO

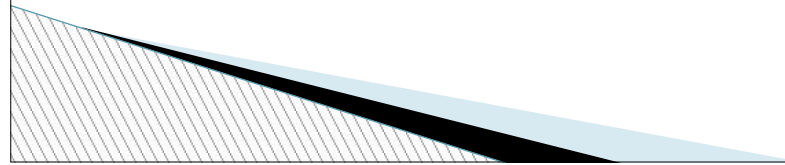
Problems of the lower respiratory tract



HTSF Pulmo may also be needed at some point in the disease process. Here, there is inflammation in the lower part of the respiratory tract, in the lungs. As is the case in bronchopneumonia and pneumonia.

HTSF-Pulmo**Problems of the lower respiratory tract**

- ▶ The inflammation has progressed rapidly to the middle and lower lungs. We are now dealing with acute bronchiolitis or viral bronchial pneumonia with a cavernous cough (hollow, deep).
- ▶ The condition is systemic and is a very serious and delicate situation. There is a risk of paralysis of the entire respiratory system and imminent death.
- ▶ There is an imminent danger of the patient dying from cyanosis, drowning (water in the lungs) or collapse of the lungs.
- ▶ Hospitalization is necessary and very often antibiotics must be used, which does not prevent the administration of HTSF-PULMO, while the patient is under medical observation or under treatment.



The inflammation has progressed rapidly to the middle and lower lungs. We are now dealing with acute bronchiolitis or viral bronchial pneumonia with a cavernous cough (hollow, deep).

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Hospitalization is necessary and very often antibiotics must be used, which does not prevent the administration of HTSF-PULMO, while the patient is under medical observation or under treatment.

HTSF-Pulmo

Problems of the lower respiratory tract

Composition:

Antimonium tart 9CH

Chelidonium 9CH

Ipecac 9CH

Lycopodium 9CH

Natrum sulf 9CH

Phosphorus 9CH

Rumex 9CH

Senega 9CH



Central remedy in PULMO is Phosphorus but you also see her some important remedies: Rumex: person says "I can't breathe", Ipecac: associated with viral attacks, uncommon nosebleed or spit with blood; Nat-s: left-sided pneumonia, Phos: right-sided or double-sided pneumonia. Senega: passivity of lung alveoli.

HTSF-Pulmo

Problems of the lower respiratory tract

Polychrests These remedies have demonstrated a very wide action on many symptoms, and very deep capability of curing not only the specific symptom in a timely manner, but also acting deeply on the organism, curing the imbalance that has caused the symptom in the first place.

Composition:

Antimonium tart 9CH

Chelidonium 9CH

Ipecac 9CH

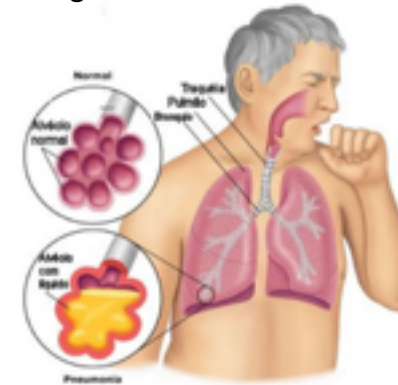
Lycopodium 9CH

Natrum sulf 9CH

Phosphorus 9CH

Rumex 9CH

Senega 9CH



PULMO contains a number of polychrests: *Phosphorus*, junto a *Lycopodium* y *Natrum sulph*.

These remedies have demonstrated a very wide action on many symptoms, and very deep capability of curing not only the specific symptom in a timely manner, but also acting deeply on the organism, curing the imbalance that has caused the symptom in the first place.

It makes it possible for Pulmo to act in these emergent situations as described on the previous slides. Given the low potencies, it can be administered several times per day.

As homeopaths you can train your patients to use the first line of 15 remedies of HTSF and so they can either themselves start treatment when there are symptoms, or they'll have the remedies already at home when you as their homeopath are suggesting something.

HTSF-Canada - **Remedy dosage**

These dosages apply to all HTSF complexes and protocols:

- Dose for adults and children over 5 years old:
 - 5 drops of liquid or 2 granules / pellets
- Dose for pregnant women, children under five years old:
 - 3 drops or 1 pellet / granule, preferably in water

SUPPORT IMMUNE SYSTEM

6. PREGNANCY

- Pregnant women follow all the protocols,
- Dosage: 3 drops or 1 granule in water
- 1: No symptoms: add phosphorus 30 ch, to the protocol once weekly
- 2. last 2 months of pregnancy: take phos 30ch two times per week
- 3. Near birth-time: phos 30 daily
- Protection of the fetus in vertical transmission

PROTOCOLS
SUGGESTED BY HTSF-CANADA

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Pregnant women: follow the same protocol needed as others, but in water

+ a) if without symptoms : add phosphorus 30ch once a week during pregnancy protecting foetus (in teh case of vertical transmission) which was documented in a recent study;

+ b) in the last two months of pregnancy, twice a week

+ c) if symptoms or they are nearing birth time: phosphorus 30ch every day, this prevents complications of infections for the baby at birth

HTSF-Canada - Recommendation

- Follow the government measures first, then HTSF-Canada protocols as described above,
- First for yourself, then for your at risk family members, your family, your at risk friends, your friends, your patients in ever larger circles
- That you order that remedy from the recommended laboratory, so that safe manufacturing practices are guaranteed.
- It is reserved for our profession as a magistral with a specific name: HTSF-Grippe-Influenza
- And use safe delivery practices respecting all measurements for protecting health and safety.

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Follow the government measures and HTSF-Canada protocols as described above,

First for yourself, then for your at risk family members, your family, your at risk friends, your friends, your patients in ever larger circles

That you order the remedy from the recommended laboratory, at this point Schmidt-Nagel but others may be added, so that safe manufacturing practices are guaranteed.

It is reserved for our profession as a magistral with a specific name: HTSF-Grippe-Influenza

And use safe delivery practices respecting all measurements for protecting your own and your patients' health and safety.

HTSF-Canada - **Organizing Ourselves**

- It is a historic opportunity to make a difference
- HTSF-Canada is committed to provide further training
- HTSF complexes are not just additions of appropriate remedies
- They are a new Synergistic whole
- The protocols are our recommendation
- You will make your own decision as homeopaths
- Those who want, please follow the instructions

HTSF-Canada - Organizing Ourselves:

- You will see the synergy:
- It is not an addition of a number of good remedies,
- It is a new synergistic whole.
- The complex has been successful in the past (2009 new viral AH1N1) to upgrade immune and respiratory resilience in preparation for possible complications of a new viral epidemic.
- Part 3 of the presentation will give more details on the individual remedies in the complex
- Please read the annex 1 with the full rationale for inclusion of each of the remedies in the complex

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You will see the synergy of all HTSF complexes that act as one whole. This complex has been successful in the past (2009 new viral AH1N1) to upgrade immune and respiratory resilience in preparation for possible complications of a new viral epidemic. Part 3 will provide the Materia medica for the remedies and the annex includes the details of the methodology of the decision-making process for creating the complex.